

Outpatient Physiotherapy Dept. - Whittington Hospital Highgate Hill, London, N19 5NF.

Do not go in through the main hospital entrance at Magdala Avenue, instead walk up Highgate Hill, turn left when you get to the emergency department entrance road. From here walk past the roundabout to take the first road on the right. The entrance will be in the large red brick building opposite the Jenner building and next to the Whittington Education Centre.

The building is called the Old Nurses Home and it is No. 28 on the map below. The Gym is the first door on your left as you enter the building. On arrival at the Old Nurses Home the reception will be closed, however, if you go into the gym the course host will be ready to greet you.

Please note that Whittington Health is a smoke-free organisation. Since 4 July 2005 smoking has been banned for patients, clients, visitors and staff anywhere on the hospital site. This means a cleaner and healthier environment for everybody and is in line with government targets to put an end to smoking in hospitals throughout the country.

Lunch

As there is only 30 minutes for lunch it is easiest to bring a packed lunch with you. There is a food court situated on level 1 when arriving at the main entrance in Magdala Avenue. The food court is open daily between the hours of 7.00a.m. and 8.00p.m. There is also a vending machine located within the Outpatient Physiotherapy Department.



Travelling to Whittington Hospital

- There is no car parking available at the hospital, so we strongly advise using public transport. There is a limited amount of pay and display parking on the roads around the hospital, although many have restrictions on the number of hours allowed.
- The closest mainline station is Upper Holloway, and the closest London Underground station is Archway Underground Station (approx 5 minute walk).
- The following buses all stop nearby: C11, W5, 4, 17, 41, 43, 134, 143, 210, 263, 271, 39.