Venue Details

Westway Sports Centre
1 Crowthorne Road, London, W10 6RP

Ask at reception to be directed to the training room.

Lunch

If your course lasts a full day please bring a packed lunch with you or buy your lunch before the course starts as there is only a short, 30 minute, lunch break. Unfortunately at this venue we cannot provide our own tea and coffee refreshments and there are no onsite refreshment facilities. There is a small cafe opposite the turning into Crowthorne road which opens at 8am. It is a 100m walk from the sports centre.

Getting to Westway Sports Centre

***Travel by tube*:**

- Shepherd's Bush (Overground and Central Line is a 20-25 minute walk away
- Latimer Road station (Hammersmith & City Line) is a 5 minute walk away.

Leave Latimer Road station and cross the road in front of you, this is Bramley Road. Turn right and walk up Bramley Road, you will see the Westway flyover crossing the road ahead. Walk towards it (there are five-a-side pitches beneath the flyover on the left) and turn left into Crowthorne Road. A tree-lined pedestrian avenue between fenced football pitches leads to the main entrance where the reception is.





Travel by bus

- Bus numbers 295 and 316 stop outside the sports centre on Bramley Road
- Bus number 7 bus stops very nearby in Cambridge Gardens

We strongly recommend travelling by public transport. Traffic around Westway can be very heavy, particularly during the morning rush hour, so please allow plenty of extra time for your journey. For a 9am

course start, we recommend checking your journey in advance and allowing significantly longer than your usual travel time. Some courses start at 8am to help avoid the worst of the rush hour.

By car:

If you need to drive, please contact us at info@reactfirst.co.uk before your course so that we can advise you about parking.

There is a car park underneath the main football pitch, but it has a 5-hour maximum stay. Please do not leave your vehicle there for longer than 5 hours, as you WILL RECEIVE A PARKING FINE when you try to leave the car park. If you arrive by car on the day of your course and have parked under the football pitches, please call us when you arrive so that we can advise you where to park for the remainder of the day.

Other Important driving information

Westway Sports Centre is within the London Ultra Low Emission Zone (ULEZ). If your vehicle does not meet the ULEZ requirements, you will need to pay the charge. You can check and pay via TfL's ULEZ website.
Please check your sat nav carefully. Westway Sports Centre is underneath the A40, not on the A40 itself.

We recommend checking your route on Google Maps before setting off, as some sat navs can direct you incorrectly. If travelling from the south, approaching via Earls Court may be easier.

Approaching from the south via Earls Court:
Coming along the A3220 from Earls Court, turn right onto A402 Holland Park Avenue towards central London.
If coming from Shepherd's Bush, go straight over the roundabout onto Holland Park Avenue.
Turn immediately left onto Royal Crescent, then immediately left again onto St Ann's Road, which becomes Bramley Road. Continue under the tube bridge at Latimer Road station.