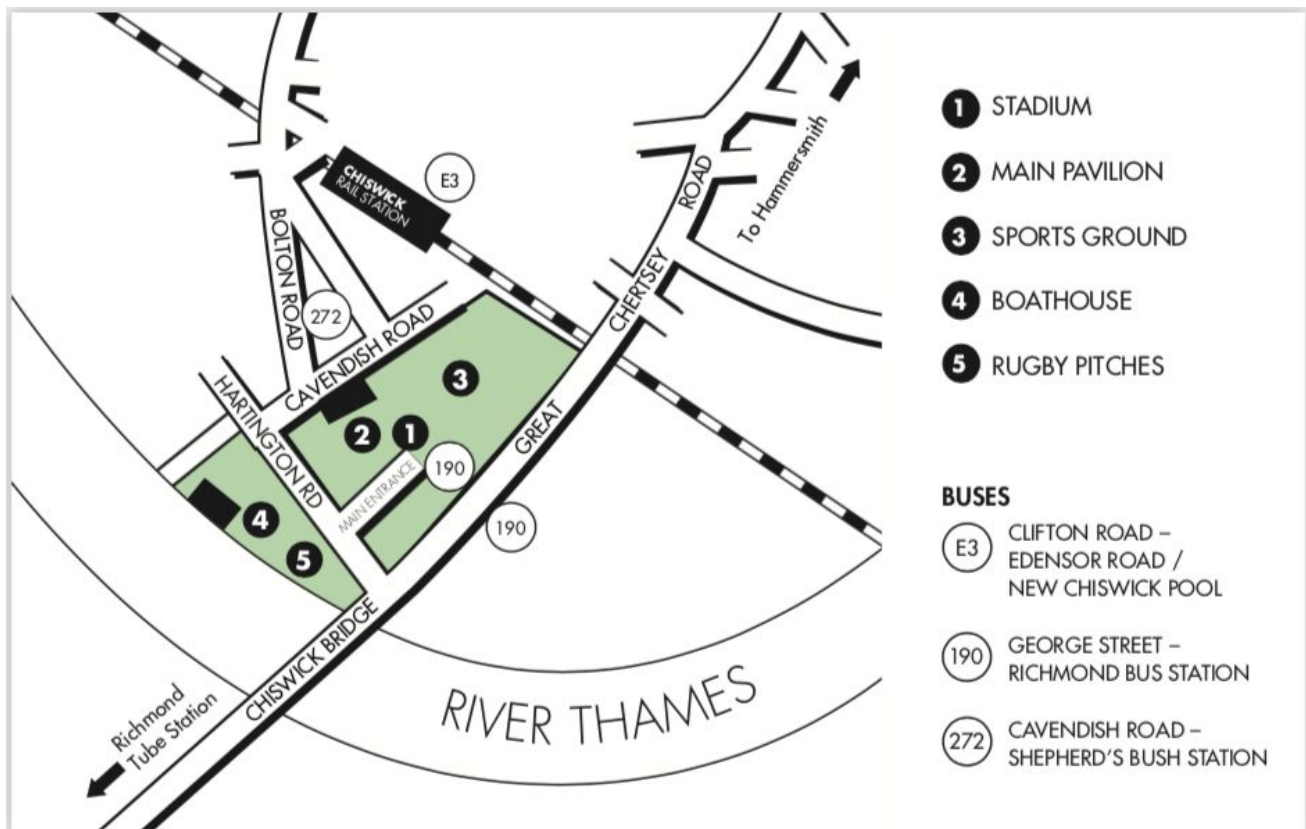


Chiswick Sports Grounds - University of Westminster Hartington Road, Chiswick, London, W4 3UH.

Pedestrian access is from Cavendish Road, this lets you into the site via the back entrance which is the closest to the training room in the Main Pavillion - number 2 on the map below. This gate will be open from 08:30 - 09:30.

Lunch

As there is only 30 minutes for lunch it is easiest to bring a packed lunch with you. There are a few shops and cafes on Grove Road by Chiswick station where you will be able to pick up a sandwich *before* the course starts. The Grove Cafe does good food and coffee from 7am, on a Sunday it doesn't open until 9am.



Travelling to the University of Westminster, Chiswick Sports Ground

- It is a 10 minute walk from Chiswick station to the Cavendish Road entrance.
- There are 35 parking places which are allocated on a first come, first served basis. When you are driving, access is from the Hartington Road entrance and the car park is next to the Main Pavillion, number 2 on the map above.
- Buses E3, 190 and 272 all stop nearby as you can see on the map above.