

This child has diabetes

Name

Age Class

Class teacher

Contact Tel

Contact Tel

GP Tel

Hospital clinic Tel

Meal times

Breakfast Lunch

Evening

Snack times

Morning Noon

Evening

Insulin injections

Children with diabetes generally only need to take insulin injections before breakfast and the evening meal. Some children will also inject at lunchtime.

This child needs to inject at lunchtime:

Type(s) of insulin Doseage

Hypoglycaemia symptoms and treatment for this child:

Symptoms

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Treatment

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Do not leave the child alone or move them until the hypo is over.

Remember to always follow the sugary immediate action (eg Lucozade) with some starchy food (eg a sandwich or crisps).

Unconsciousness: in the unlikely event of the child losing consciousness, do not give anything them to swallow. Place them in the recovery position (on their side with the chin tilted back) and phone for an ambulance.